



ATLAS for LIFE Newsletter

Mentoring & More!

SEPTEMBER 2019

OFFICE ➔ 101 2nd St NE • Pipestone, MN 56164 • (507) 562-5777 • Tuesday & Thursday 9 to 5 (Other times by appointment)
Website: www.atlasforlife.org • Email: office@atlasforlife.org



It is so hard to believe that Fall is here already!! Where did the summer go? We hope you had a blessed time enjoying God's creation! We have been busy here at ATLAS with mentoring, classes, support groups and so much more! We are still **Celebrating 15 years of ministry** and give God Praise for all He has done. If you did not receive the April Newsletter that listed all the different ministries happening at ATLAS after 15 years, please email office@atlasforlife.org and we will email or mail you the newsletter. If you still want to give to our "celebrating 15 years" fund, we would be humbled to receive that and put it to good use here at ATLAS. Thank you for your continued support in prayer, finances and volunteering. We are here because you have shared and we THANK YOU!! As you read through this newsletter, if there is something that stirs in your heart to be involved in, please give the office a call at 507-562-5777. We would love to hear from you!

BOARD MEMBERS

Paul Cunningham, Pres.
Karen Larson, Sec.
Ivan Vogel
Lisa Hubers

DIRECTOR

Roxie Mulder

TreeHouse DIRECTOR

Merle Knobloch

NEEDS

Gas Cards
Grocery Vouchers
Recovery Study Bibles
Bottles of Water
Drivers for TreeHouse
2 - Windows 7 or better computers

Deb's House



Anticipation of a long-awaited project.

Yes, we all have been waiting to see what House the Lord would have for us that will be called "Deb's House." It was Deb Spronk's vision to have a home to help single moms and their children and we are very close to purchasing that home.

Deb's House will be a two family residence to house single moms and children for an extended stay while under the encouragement of an ATLAS mentor.

After much prayer, research, discussion and planning, we will soon purchase a house and renovate it into two units. At the same time we will be developing a process/program for participants to adhere to. Meetings with the city, lawyers, other managers of such houses, and county and state social programs are in the works.

We urgently need skilled and not-so-skilled renovators.

If you have a heart for this ministry, you could join our planning committee. Call 507-562-5777 for information as to our next meeting. We will need LOTS of people to carry out demolition materials and to carry building materials to proper spot. We will need painters, scrapers, stainers, sanders, nailers, etc. We can use a lot of people to do what they are shown how to do. Money earmarked for Deb's House goes toward purchase of the property, materials for renovation, labor for renovation furnishings, help for families in need, monies for maintenance of the property, taxes and utilities. Call us if you can help, and we will let you know of days we will be working, and you can come when convenient for you. We appreciate your generous service!



Pipestone Pizza Ranch Fundraiser

Wednesday, October 9 • 5 - 8 p.m.



Your "tips" and percentage of the sales will provide some of the resources to continue to do the ministry here at ATLAS. Your donation will be matched up to \$2000.00. That means your donation will be doubled!! Put this on your calendar and join us Wednesday, Oct. 9!

Brave Mom's (formerly known as Single Mom's)

This past summer Brave Moms focused on life skills training of cooking and finances. We will continue this through October with our focus being on meal planning & the basics of insurance (going through what each mom has and evaluating if it is right and enough for them). In mid-October we will switch our focus to parenting. We will focus on why God designed families, the importance of them, how we show His character through our parenting, and also breaking down certain topics more specifically against the Bible (electronics, discipline, why we need to say no to our kids, sex, protecting our children from sexual assault, anger, etc.). We continue to meet on Wednesday nights, but also take time outside of that to get together one-on-one, in small groups or to celebrate together.



September 11th - 5:15 - 6:45 - meal planning and cooking classes wrapping up!

September 18th - 6:30-8:00 - supper and a night of testimony with Ellen Talsma

September 25th - 6:30-8:00 - Basics on car insurance, home/renters insurance, and life insurance - Do you have what you need?

October 2nd - 6:30-8:00 - freezer meal making night! Come and make freezer meals to take home, with all supplies being free!

October 9th - 6:30-8:00 - Basics on car insurance, home/renters insurance, and life insurance - Do you have what you need? Part 2

October 16th - 6:30 - 8:00 - Gospel Based Parenting - we will continue with this through the winter.

Thanks for remembering the Brave Mom's and their leaders in your prayers. If you have a passion for this ministry and want to be involved, please call the ATLAS office at 507-562-5777 and we will get you in touch with the leaders.

Walk Along Side - Support Group for those who Mentor

As one walks along side a family member, co-worker, neighbor or friend who is dealing with hard choices or circumstances, one comes across various struggles in how best to help. In this support group, let's talk about how to tackle these inevitable issues together. We can brainstorm, pray and encourage one another. We will meet at 12:30 each 2nd Sunday of the month at ATLAS for Life. (Some of us will eat before hand, others will bring a sandwich or sack lunch to eat during our group.) We will discuss setting boundaries, keeping confidences, dealing with issues such as anger, shame, guilt, addictions and the like. We will learn how to encourage, pray with, and bolster those we seek to help. Looking forward to hearing from you.



Grief Share

With Grief Share you will learn how to walk the journey of grief and be supported along the way. It is a place where grieving people find healing and hope. This nationally acclaimed 13 week course includes video seminars featuring insights from Christian experts and personal stories of people grieving a death, group discussions, and From Mourning to Joy exercises in a personal workbook. Sessions describe what participants should expect to experience as the move along the journey of grief, hear answers to the "why" questions and sound advice on how to handle the circumstances and emotions that complicate grief as well as practical ways to avoid getting stuck in grief. We offer hope in moving forward without leaving behind the memory of our loved ones.

Call ATLAS to indicate your interest in this course and we will schedule a time convenient for participants.



Financial Budgeting Class

We invite anyone that would like some pointers on budgeting and living debt free to come to this class. Many that have attended have testified that they are free from financial stress after learning some of these basic skills. Come join us this fall, call to register at 507-562-5777. Time and date will be set according to participants schedules.



TREEHOUSE

Every Tuesday night we have supper and support group for teens from ages 12-18. At 6 pm, we gather for a delicious supper and great conversation. This is followed by a teaching time on a topic that is relevant to what is going on in the teen's life. The last hour is spent in supporting each teen in what is happening in their life that week. We have seen such changes in the teen's lives since starting over a year ago. God transforms lives when teens find out that they are loved without strings, capable, worthwhile and never alone! We try to wrap the evening up by 8 pm. If you know a teen that could benefit from this program, call ATLAS at 507-562-5777. We are in need of driver's that would be willing to pick up teens and bring to ATLAS at 6:00 and then bring them home at 8 pm.



The Gathering Place

The GATHERING PLACE is a low key, social, interest driven discussion time which meets the second Thursday each month at 2:00 pm. Join other ladies for coffee and great conversation at ATLAS. Questions? 507-562-5777



Bread Of Life Ministry

Giving God praise for the amazing ways in which He has provided for the Bread of Life Ministry. It has been a blessing to see relationships being built and witness God's hand at work. We are excited to continue to meet on the 1st Wednesday and 3rd Sunday at 6:30 pm of each month on the 12th floor of Nokomis apartments. Feel free to join us, all are welcome!



Sunday, September 15th
(Outdoors weather permitting)

Wednesday, October 2nd

Sunday, October 20th

Wednesday, November 6th

Sunday, November 17th

Wednesday, December 4th

Sunday, December 15th